



"College Connections: Charting Your Community College Path"

The Readiness Foundation has created a 36-week college and career readiness program focused on community college readiness can provide students with the skills, knowledge, and confidence they need to successfully navigate their educational and career paths. This program will guide students through understanding community college benefits, exploring career options, developing essential academic and life skills, and preparing for the transition to higher education.

Here's a comprehensive outline for the **Readiness Foundation Community College Readiness Program**:

Weeks 1-4: Introduction to Community College

Week 1: Understanding Community College

- **Objectives:**
 - Learn what community college is and its benefits.
 - Understand different community college programs and degrees.
- **Activities:**
 - Guest speaker: Community college alumni.
 - Research and present on local community colleges.

Week 2: Exploring Career Options

- **Objectives:**
 - Explore various career paths available through community colleges.
 - Understand the importance of aligning interests and strengths with career choices.
- **Activities:**
 - Career interest assessments.
 - Create career vision boards.

Week 3: Financial Planning and Scholarships

- **Objectives:**
 - Understand tuition costs and financial aid options for community colleges.
 - Learn about scholarship opportunities and application processes.
- **Activities:**
 - Workshop on filling out the FAFSA.
 - Research and list potential scholarships.

Week 4: Time Management and Study Skills

- **Objectives:**
 - Develop effective time management strategies.
 - Learn study techniques tailored to college coursework.
 - **Activities:**
 - Time management exercises.
 - Study skills workshops.
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Weeks 5-8: Academic Preparation

Week 5: Reading and Writing Skills

- **Objectives:**
 - Enhance reading comprehension and writing abilities for college-level work.
- **Activities:**
 - Writing workshops.
 - Reading comprehension exercises.

Week 6: Mathematics and Problem-Solving

- **Objectives:**
 - Strengthen math skills needed for community college courses.
 - Develop problem-solving abilities.
- **Activities:**
 - Math tutoring sessions.
 - Problem-solving challenges.

Week 7: Science and Technology

- **Objectives:**
 - Understand the role of science and technology in various careers.
 - Develop basic computer literacy skills.
- **Activities:**
 - Explore science-related community college programs.
 - Computer skills workshops.

Week 8: Critical Thinking and Analytical Skills

- **Objectives:**
 - Cultivate critical thinking and analytical abilities.
 - **Activities:**
 - Group discussions and debates.
 - Analytical exercises using real-world scenarios.
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Weeks 9-12: Personal Development

Week 9: Goal Setting and Planning

- **Objectives:**
 - Learn to set realistic academic and career goals.
 - Create action plans to achieve those goals.
- **Activities:**
 - Goal-setting workshops.
 - Create personal action plans.

Week 10: Communication and Interpersonal Skills

- **Objectives:**
 - Develop effective communication skills for academic and professional settings.
- **Activities:**
 - Role-playing exercises.
 - Communication skill-building activities.

Week 11: Building Self-Confidence

- **Objectives:**
 - Enhance self-confidence through self-awareness and self-reflection.
- **Activities:**
 - Confidence-building workshops.
 - Personal reflection exercises.

Week 12: Emotional Intelligence and Stress Management

- **Objectives:**
 - Understand emotional intelligence and its role in personal and professional success.
 - Learn stress management techniques.
 - **Activities:**
 - Emotional intelligence assessments.
 - Stress management workshops.
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Weeks 13-16: Community College Exploration

Week 13: Navigating the Community College System

- **Objectives:**
 - Understand the community college enrollment process.
 - Learn how to register for classes and manage course schedules.
- **Activities:**
 - Campus visits and tours.
 - Registration simulation exercises.

Week 14: Meeting Academic Advisors

- **Objectives:**
 - Learn the importance of academic advising.
 - Develop skills for effective communication with advisors.
- **Activities:**
 - Meet with academic advisors for mock sessions.
 - Create a list of questions to ask advisors.

Week 15: Building a Support Network

- **Objectives:**
 - Identify resources available for academic and personal support.
- **Activities:**
 - Identify on-campus support services.
 - Create a support network map.

Week 16: Understanding Campus Resources

- **Objectives:**
 - Explore campus resources such as libraries, tutoring centers, and career services.
 - **Activities:**
 - Resource scavenger hunt on campus.
 - Present findings on available resources.
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Weeks 17-20: Career Exploration and Preparation

Week 17: Resume Writing and Job Applications

- **Objectives:**
 - Learn how to create a professional resume and complete job applications.
- **Activities:**
 - Resume writing workshops.
 - Mock job application exercises.

Week 18: Interview Skills and Networking

- **Objectives:**
 - Develop effective interview skills and learn networking techniques.
- **Activities:**
 - Practice interviews with peers and mentors.
 - Networking events with local professionals.

Week 19: Understanding Labor Market Trends

- **Objectives:**
 - Explore current labor market trends and their impact on career choices.
- **Activities:**
 - Research and present on job market trends.
 - Panel discussion with industry professionals.

Week 20: Career Pathways and Planning

- **Objectives:**
 - Develop a clear understanding of potential career pathways.
 - **Activities:**
 - Create career pathway maps.
 - Group discussions on career planning.
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Weeks 21-24: Academic Skills Enhancement

Week 21: Effective Note-Taking and Organization

- **Objectives:**
 - Learn effective note-taking strategies and organizational skills.
- **Activities:**
 - Note-taking workshops.
 - Organizational exercises.

Week 22: Research and Information Literacy

- **Objectives:**
 - Develop skills for conducting academic research and evaluating sources.
- **Activities:**
 - Research projects on chosen topics.
 - Workshops on information literacy.

Week 23: Presentation and Public Speaking Skills

- **Objectives:**
 - Enhance presentation and public speaking abilities.
- **Activities:**
 - Presentation workshops.
 - Public speaking practice sessions.

Week 24: Collaboration and Teamwork

- **Objectives:**
 - Cultivate collaboration and teamwork skills for group projects.
 - **Activities:**
 - Team-building exercises.
 - Group project simulations.
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Weeks 25-28: Personal Finance and Life Skills

Week 25: Budgeting and Financial Literacy

- **Objectives:**
 - Learn the basics of personal finance and budgeting.
- **Activities:**
 - Budgeting workshops.
 - Create personal financial plans.

Week 26: Understanding Credit and Debt

- **Objectives:**
 - Understand the concepts of credit and managing debt.
- **Activities:**
 - Credit management seminars.
 - Case studies on debt management.

Week 27: Healthy Living and Wellness

- **Objectives:**
 - Explore the importance of physical and mental wellness.
- **Activities:**
 - Wellness workshops.
 - Fitness and nutrition activities.

Week 28: Work-Life Balance

- **Objectives:**
 - Learn strategies for achieving a healthy work-life balance.
- **Activities:**
 - Discussions on work-life balance.
 - Create work-life balance plans.

Weeks 29-32: Transitioning to Community College

Week 29: Preparing for Orientation

- **Objectives:**
 - Understand the importance of community college orientation and how to prepare.
- **Activities:**
 - Mock orientation sessions.

- Create orientation checklists.

Week 30: Building Academic Routines

- **Objectives:**
 - Develop routines for academic success in college.
- **Activities:**
 - Schedule planning workshops.
 - Peer mentoring sessions.

Week 31: Handling College Challenges

- **Objectives:**
 - Learn strategies for overcoming common college challenges.
- **Activities:**
 - Problem-solving scenarios.
 - Discussions on overcoming obstacles.

Week 32: Setting Expectations and Goals

- **Objectives:**
 - Set realistic expectations and goals for community college.
- **Activities:**
 - Goal-setting sessions.
 - Reflection exercises on personal expectations.

Weeks 33-36: Final Preparation and Reflection

Week 33: Review and Reflect

- **Objectives:**
 - Review key concepts and reflect on personal growth.
- **Activities:**
 - Group discussions on program experiences.
 - Reflection journals.

Week 34: Preparing for the First Semester

- **Objectives:**
 - Finalize preparations for the first semester of community college.
- **Activities:**
 - Create a first-semester checklist.
 - Peer support discussions.

Week 35: Celebrating Achievements

- **Objectives:**
 - Celebrate achievements and progress made during the program.
- **Activities:**
 - Award ceremony and recognition.
 - Group reflection activities.

Week 36: Looking Ahead

- **Objectives:**
 - Set long-term goals and plan for continued success.
- **Activities:**
 - Future planning workshops.
 - Personal goal-setting sessions.

This 36-week program is designed to provide a holistic approach to community college readiness, equipping students with the necessary academic skills, personal development, and practical knowledge to succeed in their educational and career journeys. If you'd like any specific activities or focus areas included, please let me know!