



The Readiness Foundation for College and Career Readiness 6th – Grade Teacher Lesson Plans

As educators, it is our responsibility to lay the foundation for our students' future success. This 36-week lesson plan for 6th-grade students aims to introduce college and career readiness concepts early on, ensuring that students develop the necessary skills, behaviors, and character traits to thrive in their educational journey and beyond. Through a comprehensive curriculum that includes study skills, behavior management, and character education, we will empower our students to set goals, manage their time effectively, and cultivate positive habits that will serve them throughout their academic and professional lives. All lesson plans are create based on the school districts academic calendar.

36-Week Lesson Plan

Weeks 1-4: Introduction to College and Career Readiness

Week 1: Understanding College and Careers

- Lesson: Introduction to the concept of college and careers
- Activity: Students create a collage of different careers they are interested in
- Study Skills: Setting goals
- Behavior Management: Classroom expectations and rules
- Character Education: Responsibility

Week 2: Exploring Different Types of Colleges

- Lesson: Types of colleges (community colleges, universities, technical schools)
- Activity: Virtual tours of different types of colleges
- Study Skills: Time management
- Behavior Management: Respecting classroom environment
- Character Education: Respect

Week 3: Careers and Their Education Requirements

- Lesson: Education requirements for various careers
- Activity: Match careers with the necessary education levels

- Study Skills: Note-taking strategies
- Behavior Management: Active listening
- Character Education: Perseverance

Week 4: Setting Personal and Academic Goals

- Lesson: How to set SMART goals
 - Activity: Students write their own SMART goals for the year
 - Study Skills: Planning and organizing
 - Behavior Management: Goal setting and self-monitoring
 - Character Education: Self-discipline
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Weeks 5-8: Study Skills Development

Week 5: Effective Study Habits

- Lesson: Identifying and developing good study habits
- Activity: Create a study schedule
- Study Skills: Study techniques (flashcards, summarizing)
- Behavior Management: Encouraging self-study time
- Character Education: Determination

Week 6: Time Management

- Lesson: Importance of managing time effectively
- Activity: Weekly planner creation
- Study Skills: Prioritizing tasks
- Behavior Management: Staying on task
- Character Education: Time management

Week 7: Organizational Skills

- Lesson: Keeping materials and workspace organized
- Activity: Organize binders and study space
- Study Skills: Organizational tools (folders, binders)
- Behavior Management: Maintaining organization
- Character Education: Responsibility

Week 8: Test-Taking Strategies

- Lesson: Strategies for taking tests effectively
- Activity: Practice tests
- Study Skills: Test preparation

- Behavior Management: Coping with test anxiety
 - Character Education: Confidence
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Weeks 9-12: Career Exploration

Week 9: Career Research

- Lesson: How to research different careers
- Activity: Research a chosen career and present findings
- Study Skills: Research skills
- Behavior Management: Independent work
- Character Education: Curiosity

Week 10: Guest Speakers

- Lesson: Listening to professionals talk about their careers
- Activity: Guest speaker sessions
- Study Skills: Listening and questioning
- Behavior Management: Respecting guest speakers
- Character Education: Respect

Week 11: Career Day

- Lesson: Understanding various career paths
- Activity: Career fair with professionals from different fields
- Study Skills: Note-taking during presentations
- Behavior Management: Appropriate behavior in formal settings
- Character Education: Engagement

Week 12: Reflecting on Career Interests

- Lesson: Reflecting on what students have learned about careers
 - Activity: Write a reflection essay on career interests
 - Study Skills: Reflective writing
 - Behavior Management: Self-reflection
 - Character Education: Self-awareness
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Weeks 13-16: Academic Skills Enhancement

Week 13: Reading for Understanding

- Lesson: Strategies for improving reading comprehension
- Activity: Reading and summarizing articles
- Study Skills: Active reading strategies
- Behavior Management: Focused reading time
- Character Education: Patience

Week 14: Math Skills for the Future

- Lesson: Importance of math in various careers
- Activity: Solving real-life math problems
- Study Skills: Problem-solving
- Behavior Management: Persistence in challenging tasks
- Character Education: Persistence

Week 15: Writing Skills

- Lesson: Importance of good writing skills
- Activity: Writing a personal statement
- Study Skills: Essay writing
- Behavior Management: Revising and editing
- Character Education: Clarity

Week 16: Technology and Research

- Lesson: Using technology for academic purposes
- Activity: Research project using digital tools
- Study Skills: Digital literacy
- Behavior Management: Responsible use of technology
- Character Education: Integrity

Weeks 17-20: Behavioral Skills and Character Education

Week 17: Self-Regulation and Control

- Lesson: Techniques for self-regulation
- Activity: Role-playing scenarios
- Study Skills: Managing emotions
- Behavior Management: Self-control
- Character Education: Self-regulation

Week 18: Communication Skills

- Lesson: Effective communication strategies
- Activity: Group discussions and presentations
- Study Skills: Effective speaking
- Behavior Management: Active listening
- Character Education: Respect

Week 19: Teamwork and Collaboration

- Lesson: Importance of teamwork
- Activity: Group projects
- Study Skills: Collaboration techniques
- Behavior Management: Working well with others
- Character Education: Teamwork

Week 20: Conflict Resolution

- Lesson: Strategies for resolving conflicts
- Activity: Conflict resolution role-plays
- Study Skills: Negotiation skills
- Behavior Management: Peaceful conflict resolution
- Character Education: Empathy

Weeks 21-24: Financial Literacy

Week 21: Basics of Budgeting

- Lesson: Introduction to budgeting
- Activity: Creating a personal budget
- Study Skills: Financial planning
- Behavior Management: Financial responsibility
- Character Education: Responsibility

Week 22: Understanding Money Management

- Lesson: Saving and spending wisely
- Activity: Money management games
- Study Skills: Money management
- Behavior Management: Wise decision-making
- Character Education: Prudence

Week 23: Banking and Credit

- Lesson: Basics of banking and credit
- Activity: Simulating banking transactions
- Study Skills: Understanding credit
- Behavior Management: Responsible credit use
- Character Education: Integrity

Week 24: Long-Term Financial Planning

- Lesson: Importance of long-term financial planning
 - Activity: Planning for future expenses
 - Study Skills: Long-term planning
 - Behavior Management: Thinking ahead
 - Character Education: Foresight
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Weeks 25-28: Health and Wellness

Week 25: Physical Health

- Lesson: Importance of physical health
- Activity: Designing a personal fitness plan
- Study Skills: Goal setting for health
- Behavior Management: Maintaining physical health
- Character Education: Self-care

Week 26: Mental Health

- Lesson: Understanding mental health
- Activity: Mindfulness exercises
- Study Skills: Managing stress
- Behavior Management: Mindfulness practices
- Character Education: Resilience

Week 27: Nutrition and Healthy Eating

- Lesson: Importance of nutrition
- Activity: Creating a healthy meal plan
- Study Skills: Planning for nutrition
- Behavior Management: Healthy eating habits
- Character Education: Responsibility

Week 28: Healthy Relationships

- Lesson: Building healthy relationships
 - Activity: Role-playing healthy interactions
 - Study Skills: Interpersonal skills
 - Behavior Management: Respectful interactions
 - Character Education: Kindness
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Weeks 29-32: Civic Engagement and Community Service

Week 29: Understanding Civic Responsibility

- Lesson: Importance of civic engagement
- Activity: Researching local government
- Study Skills: Civic knowledge
- Behavior Management: Active citizenship
- Character Education: Citizenship

Week 30: Volunteering and Community Service

- Lesson: Benefits of volunteering
- Activity: Planning a community service project
- Study Skills: Project planning
- Behavior Management: Volunteering commitment
- Character Education: Generosity

Week 31: Leadership Skills

- Lesson: Developing leadership skills
- Activity: Leading a group project
- Study Skills: Leadership techniques
- Behavior Management: Leading by example
- Character Education: Leadership

Week 32: Reflection on Community Service

- Lesson: Reflecting on the impact of community service
- Activity: Writing a reflection on community service experience
- Study Skills: Reflective writing
- Behavior Management: Reflecting on actions
- Character Education: Humility

Weeks 33-36: Review and Preparation for Next Year

Week 33: Reviewing Study Skills

- Lesson: Review of key study skills learned throughout the year
- Activity: Study skills scavenger hunt
- Study Skills: Reinforcing effective study habits
- Behavior Management: Consistency in study routines
- Character Education: Reflectiveness

Week 34: Preparing for 7th Grade

- Lesson: Transitioning to 7th grade
- Activity: Creating a personal action plan for 7th grade
- Study Skills: Goal setting for the next academic year
- Behavior Management: Adapting to change
- Character Education: Adaptability

Week 35: Self-Assessment and Personal Growth

- Lesson: Assessing personal growth over the year
- Activity: Self-assessment worksheets and discussions
- Study Skills: Self-evaluation techniques
- Behavior Management: Reflective practices
- Character Education: Growth mindset

Week 36: Celebration and Reflection

- Lesson: Celebrating achievements and reflecting on the year
- Activity: End-of-year celebration and award ceremony
- Study Skills: Reflecting on learning experiences
- Behavior Management: Positive reinforcement
- Character Education: Gratitude

As we conclude this 36-week journey, it is essential to acknowledge the tremendous growth and achievements of our students. By integrating college and career readiness, study skills, behavior management, and character education into our curriculum, we have equipped our students with the tools they need to succeed academically and personally. This comprehensive approach not only prepares them for the challenges of the next grade level but also sets the stage for their future success in higher education and beyond. Let us continue to nurture their potential and inspire them to pursue their dreams with confidence and resilience.