



**The Readiness Foundation for College and Career Readiness  
11<sup>th</sup> – Grade Teacher Lesson Plans**

Eleventh grade is a pivotal year for students as they begin to make crucial decisions about their future educational and career paths. This 36-week lesson plan is designed to provide 11th-grade students with the necessary skills and knowledge to successfully navigate the college and career readiness process. By emphasizing advanced study techniques, effective behavior management strategies, and strong character education, along with comprehensive guidance on researching colleges, universities, career schools, and financial aid, we aim to ensure students are well-prepared for their post-secondary journey. This curriculum will empower students to make informed decisions about their future and equip them with the tools they need to succeed.

**36-Week Lesson Plan**

**Weeks 1-4: Introduction and Goal Setting**

**Week 1: Welcome and Review**

- Lesson: Introduction to the year and review of 10th-grade concepts
- Activity: Icebreakers and review games
- Study Skills: Organizational strategies
- Behavior Management: Establishing classroom norms
- Character Education: Respect

**Week 2: Setting Goals for 11th Grade**

- Lesson: Setting academic and personal goals for the year
- Activity: Creating SMART goals
- Study Skills: Goal-setting techniques
- Behavior Management: Tracking progress
- Character Education: Responsibility

**Week 3: Time Management for High School Success**

- Lesson: Advanced time management strategies
- Activity: Weekly and monthly planners
- Study Skills: Prioritizing tasks

- Behavior Management: Managing distractions
- Character Education: Discipline

#### **Week 4: Exploring Career Pathways**

- Lesson: Overview of different career clusters and pathways
  - Activity: Career interest inventories
  - Study Skills: Research skills
  - Behavior Management: Active participation
  - Character Education: Curiosity
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### **Weeks 5-8: Study Skills and Academic Excellence**

#### **Week 5: Effective Note-Taking Techniques**

- Lesson: Various methods of note-taking
- Activity: Practice sessions with lectures and readings
- Study Skills: Cornell notes, mind mapping
- Behavior Management: Active listening
- Character Education: Attentiveness

#### **Week 6: Enhancing Reading Comprehension**

- Lesson: Strategies for deeper understanding of texts
- Activity: Reading circles and comprehension exercises
- Study Skills: Annotating texts
- Behavior Management: Focused reading sessions
- Character Education: Patience

#### **Week 7: Problem-Solving and Critical Thinking**

- Lesson: Applying critical thinking in problem-solving
- Activity: Group problem-solving activities
- Study Skills: Analytical thinking
- Behavior Management: Cooperative learning
- Character Education: Persistence

## **Week 8: Effective Study Habits**

- Lesson: Developing and maintaining good study habits
  - Activity: Creating personalized study schedules
  - Study Skills: Study techniques
  - Behavior Management: Self-monitoring
  - Character Education: Self-discipline
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## **Weeks 9-12: Career Exploration and Planning**

### **Week 9: Career Research Projects**

- Lesson: In-depth research on chosen careers
- Activity: Career research presentations
- Study Skills: Research and presentation skills
- Behavior Management: Independent work
- Character Education: Responsibility

### **Week 10: Learning from Professionals**

- Lesson: Insights from guest speakers in various fields
- Activity: Guest speaker sessions and Q&A
- Study Skills: Note-taking and questioning
- Behavior Management: Respectful listening
- Character Education: Respect

### **Week 11: Exploring Career Pathways**

- Lesson: Detailed exploration of career clusters
- Activity: Career pathway projects
- Study Skills: Research skills
- Behavior Management: Focused research
- Character Education: Curiosity

### **Week 12: Reflecting on Career Interests**

- Lesson: Reflecting on career exploration experiences
- Activity: Writing reflection essays on career interests
- Study Skills: Reflective writing
- Behavior Management: Self-reflection
- Character Education: Self-awareness

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## **Weeks 13-16: College and University Research**

### **Week 13: Types of Colleges and Universities**

- Lesson: Understanding different types of post-secondary institutions
- Activity: Research and present on community colleges, universities, and technical schools
- Study Skills: Research techniques
- Behavior Management: Independent research
- Character Education: Curiosity

### **Week 14: Campus Visits and Virtual Tours**

- Lesson: Importance of visiting campuses
- Activity: Virtual tours of various colleges and universities
- Study Skills: Note-taking and observation
- Behavior Management: Respectful participation
- Character Education: Open-mindedness

### **Week 15: Understanding College Admissions**

- Lesson: Overview of the college admissions process
- Activity: Mock application exercises
- Study Skills: Application preparation
- Behavior Management: Attention to detail
- Character Education: Diligence

### **Week 16: Researching Career Schools**

- Lesson: Exploring career and technical schools
- Activity: Research and present on different career schools
- Study Skills: Research skills
- Behavior Management: Focused research
- Character Education: Curiosity

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## **Weeks 17-20: Financial Aid and Scholarships**

### **Week 17: Introduction to Financial Aid**

- Lesson: Overview of financial aid options
- Activity: Researching different types of financial aid
- Study Skills: Financial literacy
- Behavior Management: Detail-oriented research
- Character Education: Responsibility

### **Week 18: Filling Out the FAFSA**

- Lesson: Step-by-step guide to completing the FAFSA
- Activity: FAFSA simulation exercise
- Study Skills: Application preparation
- Behavior Management: Precision and accuracy
- Character Education: Integrity

### **Week 19: Scholarships and Grants**

- Lesson: Identifying and applying for scholarships and grants
- Activity: Scholarship search and application workshop
- Study Skills: Research and application skills
- Behavior Management: Perseverance
- Character Education: Determination

### **Week 20: Financial Planning for College**

- Lesson: Creating a financial plan for college expenses
- Activity: Budgeting exercise for college costs
- Study Skills: Financial planning
- Behavior Management: Responsible decision-making
- Character Education: Foresight

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## **Weeks 21-24: Behavioral Skills and Character Education**

### **Week 21: Building Self-Esteem and Confidence**

- Lesson: Strategies for boosting self-esteem and confidence
- Activity: Self-esteem building exercises
- Study Skills: Positive self-talk
- Behavior Management: Encouraging positivity
- Character Education: Confidence

### **Week 22: Effective Communication Skills**

- Lesson: Improving verbal and non-verbal communication
- Activity: Group discussions and role-playing
- Study Skills: Effective communication
- Behavior Management: Respectful conversation
- Character Education: Empathy

### **Week 23: Teamwork and Collaboration**

- Lesson: Importance of teamwork and collaboration
- Activity: Group projects and team-building exercises
- Study Skills: Collaboration techniques
- Behavior Management: Cooperative work
- Character Education: Teamwork

### **Week 24: Conflict Resolution**

- Lesson: Techniques for resolving conflicts
- Activity: Conflict resolution role-plays
- Study Skills: Negotiation skills
- Behavior Management: Peaceful conflict resolution
- Character Education: Empathy

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## **Weeks 25-28: Health and Wellness**

### **Week 25: Physical Health and Fitness**

- Lesson: Importance of physical health and fitness
- Activity: Designing a personal fitness plan
- Study Skills: Goal setting for health
- Behavior Management: Maintaining physical health
- Character Education: Self-care

### **Week 26: Mental Health Awareness**

- Lesson: Understanding and managing mental health
- Activity: Mindfulness exercises
- Study Skills: Managing stress
- Behavior Management: Mindfulness practices
- Character Education: Resilience

### **Week 27: Nutrition and Healthy Eating**

- Lesson: Importance of nutrition and healthy eating habits
- Activity: Creating a healthy meal plan
- Study Skills: Planning for nutrition
- Behavior Management: Healthy eating habits
- Character Education: Responsibility

### **Week 28: Building Healthy Relationships**

- Lesson: Developing and maintaining healthy relationships
- Activity: Role-playing healthy interactions
- Study Skills: Interpersonal skills
- Behavior Management: Respectful interactions
- Character Education: Kindness

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## **Weeks 29-32: Workforce Preparation**

### **Week 29: Job Search Techniques**

- Lesson: How to search for jobs effectively
- Activity: Job search simulation
- Study Skills: Job search strategies
- Behavior Management: Persistence
- Character Education: Diligence

### **Week 30: Requesting Working Papers**

- Lesson: Understanding the process of obtaining working papers
- Activity: Completing working paper applications
- Study Skills: Attention to detail
- Behavior Management: Following procedures
- Character Education: Responsibility

### **Week 31: Job Interview Skills**

- Lesson: Preparing for and excelling in job interviews
- Activity: Mock interviews with feedback
- Study Skills: Interview preparation
- Behavior Management: Professional demeanor
- Character Education: Confidence

### **Week 32: Workplace Etiquette**

- Lesson: Understanding workplace expectations and etiquette
- Lesson: Workforce soft-skills
- Lesson: Overview of Important study – skills



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## **Weeks 33-36: Review and Preparation for Senior Year**

### **Week 33: Reviewing Study Skills**

- Lesson: Review of key study skills learned throughout the year
- Activity: Study skills scavenger hunt
- Study Skills: Reinforcing effective study habits
- Behavior Management: Consistency in study routines
- Character Education: Reflectiveness

### **Week 34: Preparing for Senior Year**

- Lesson: Transitioning to 12th grade and setting new goals
- Activity: Creating a personal action plan for senior year
- Study Skills: Goal setting for the next academic year
- Behavior Management: Adapting to change
- Character Education: Adaptability

### **Week 35: Self-Assessment and Personal Growth**

- Lesson: Assessing personal growth over the year
- Activity: Self-assessment worksheets and discussions
- Study Skills: Self-evaluation techniques
- Behavior Management: Reflective practices
- Character Education: Growth mindset

### **Week 36: Celebration and Reflection**

- Lesson: Celebrating achievements and reflecting on the year
- Activity: End-of-year celebration and award ceremony
- Study Skills: Reflecting on learning experiences
- Behavior Management: Positive reinforcement
- Character Education: Gratitude

As we conclude this transformative year, it is essential to recognize the significant growth and accomplishments of our 11th-grade students. Through this comprehensive 36-week program, we have diligently prepared them for the transition to their senior year, equipping them with vital skills and a strong moral foundation. By focusing on college and career readiness, enhancing study skills, managing behavior, and fostering character education, we have laid a solid groundwork for their future success. Let us continue to support and inspire our students as they advance to the next stage of their academic and professional journeys, confident in their abilities and prepared to achieve their dreams.